

Afterword

by Patricia Richards

This is no ordinary book. It exists as a result of powerful nonordinary events. *Wild Attraction* points back, over and over, to a special time and place at which Paul and I stumbled into what could be among the most profound voyages of love that any human has ever experienced.

Wild Attraction is therefore a deeply personal story, one that has always been difficult to disclose. I feel that it has to be told, no matter how inconvenient it may be for some—or unbelievable. The personal history revealed in this book highlights important human possibilities and inherent capacities that are too real to be denied or left unshared.

In 1993, my well-planned professional medical career and personal life were turned on end when Paul and I discovered that we shared the capacity to simultaneously experience prolonged out-of-body merging as well as mutual energetic travel and communication. These did not occur only when we were asleep and dreaming. They occurred volitionally, while wide awake and across town from one another, and even across the country from each other. We found we could repeat these coupled visits to completely nonordinary and unsurpassingly beautiful etheric environments at will, over and over again. It was astounding and awe inspiring. These visits, which continued for years and which recur to this day, remain by far the most deeply moving experiences of my life.

The indescribable grandeur of experiencing another person at this level is beyond any verbal description—the poet Rumi provides the only body of work I have seen that come close to capturing it. The energy body is sensual, graceful, and beautiful. Deep telepathy from essence to essence occurs, time and space are fluid, and lovers experience the wonder of “two souls dancing” without gravity or effort. The touch and transmission of experience from one energy body to another is exquisite. Having been there, I can never see life or love or humans as ordinary again.

Within this grandeur, Paul and I had to work out a way to live together in “normal” reality while navigating our now constant sense of nonordinary openness and loving energetic connection. Our life together became unimaginable from within a standard ordinary framework—there were certainly no models or helpful tips for energetic merging in daily life. How was I to live with ongoing mutual telepathic communication that no longer allowed for being emotionally hidden? I learned that I simply had to let go. The resulting relaxation and joy of deep cherishment became and remains a profound treasure. Sexuality became startling and seemingly galactic in scale. Two humans with four bodies create nuance and beauty and sensation I had never imagined or ever dreamed was possible. Within it, a new sense of personal power emerged as I confronted both a calm, centered sense of singularity as a sentient being and a deep union with my lover and with all things.

Today, almost two decades later, Paul and I are at this moment finishing *Wild Attraction*. The manuscript goes to print in just a few hours, and I write these words with a strong sense that I may have no more important gift to offer to others than the keys contained within it.

As you close the covers of this book and begin the process of awakening the nonordinary lover in you, I offer a parting testimony: The experiences Paul has given voice to in this book are real. He lives the model he has outlined here, as do I. It works, beyond anyone’s wildest dreams. I also offer a suggestion: If fantastic relationship happens to be your heart’s desire, consider giving your full attention to the methods we have shared in these pages.

Attention can be put to no better use.

Patricia Richards
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