

Client Information for Sente Sessions

Rev. March 2015

What is a Session?

Session Length: One hour

Practitioners: Paul Richards or Patty Richards

Format: Via telephone or Skype

Phone number to call at the time of your session:

(541) 482-7182

Skype address: “sentecentersessions” (please let us know at least one day ahead if you plan to use Skype)

To book or change your appointment: 541 482-7182 or email us at sente@sentecenter.com

Purpose of a Session

Senté individual sessions are powerful opportunities for gaining clarity and new direction. Clients often describe sessions as unique, transformative experiences, and the phrase “life- changing” arises again and again in client feedback. The purpose of a session varies according to the needs, interests, and circumstances of the recipient. Sessions can address specific problems, such as relationships, professional decisions, or psychological issues. They can also explore the recipient’s own capacity for expanded perception. Quite often, an individual session offers a freshness of viewpoint that provides new insights and astonishing degrees of new confidence and change.

The Nature of a Senté Session

Practitioners make use of sophisticated Energetic Seeing skills and report their perceptions as objectively as possible. Most recipients report feeling deeply seen and empowered regardless of the nature of the observations. Individual sessions are more of an art form than a spiritual exercise. They are a creative and masterful demonstration of the use of subtle energetic senses that in fact everyone possesses and can choose to develop.

A Note on Health Care Issues in Sessions

Sometimes a Senté practitioner may share observations about the client’s physical or mental health. In these cases, he or she does so as an observer and not as a health care expert. The practitioner’s observations are not intended as a substitute for professional medical advice. While reports relating to health situations can often be remarkably accurate, sometimes important conditions can fail to show up when viewed energetically. If the practitioner does not report a health problem, the recipient cannot assume that it does not exist. We urge our clients to continue with their normal health checkups and medical support activities regardless of the content of our sessions.

The Structure of a Session

All individual sessions are currently offered by telephone (occasionally Patty will schedule a live coaching session with someone for a particular training). For the first half hour of a session, the practitioner will avoid gathering information verbally from the recipient and will not inquire about their history or interests. The recipient will be asked to read something neutral out loud for a few minutes that contains no personal information. Recipients are then invited to sit quietly and simply listen. At the halfway mark, the recipient will be invited to assume an active role and ask questions.

Patty requests that her new clients email a photo to the Sente office sente@sentecenter.com several days prior (photo taken within 1 year, up close and without sunglasses).

There is no general guideline regarding the types of topics that are appropriate for inquiry during a session. The practitioner will be able to answer many, but not all, questions. A mixture of general questions combined with a few specific ones usually works well. The client is encouraged to be an artist with his or her questions, have fun with them if possible, and enjoy what will probably be an unusual and valuable experience.

A Record of Your Experience

All Senté Practitioner Appointments (also called “sessions”) are recorded via MP3 format. Within one week of your session you will receive an email with a link that allows you to download your session recording and permanently save it on your computer.

If you do not have a computer, please let your practitioner know prior to the session that you will need an audio CD mailed to you. Recordings provided by the Senté Center to clients are generally of high quality, but are not guaranteed (equipment failures may occur, and Senté Practitioners cannot monitor this while performing a session). There will be no refund of any portion of session fees if a recording of a session does not turn out for any reason. Master recordings are the property of the Center, are retained as in-house administrative records of the sessions, and are stored confidentially in an archive to which only Paul and designated Center personnel have access, and are subject to eventual destruction at the option of the Center.

Guidelines for Experiencing Senté Client Sessions

Here is what we think you should know in order to get the most out of your upcoming Sente client session experience:

Recipients can and almost always do derive a variety of practical benefits as the subjects of individual sessions, but we hope that a major part of the recipient experience is the simple enjoyment of an opportunity to view a demonstration of a skilled and deliberate use of non ordinary senses in a positive, intelligent, and compassionate framework. We would like to inspire people to wonder about the nature of human beings and the world around us, and to contemplate the mysterious prospect that people are more than our daily experience suggests.

Individual sessions are primarily art forms. Although they often

contain references to life issues, we do not experience or intend them as problem solving or life management exercises. The specific promise of a practitioner is to be as honest as possible about what he or she is actually seeing in the session and to present what seems appropriate to offer in a manner that is, in the reader's best estimate, as compassionate to the recipient as possible.

Here are a few guidelines for session recipients:

Take everything we say with a grain of salt. Nothing is more laden with cultural and psychological baggage than predicting the future. Despite this, looking ahead is occasionally a part of our process. Many of our forecasts do come to pass, or we wouldn't include them in our performances, but we don't see actual futures and often we describe things whose meaning never becomes clear.

Instead, it appears that we see probabilistic impressions of possible future events, which means that we are speaking about things with a greater or lesser chance of coming to pass, rather than absolutes.

Never or almost never is any potential event we describe inescapable or fixed, from our viewpoint. We report what is merely the most obvious viewable future at the moment of the session, for us, and this can change in an hour or a day. We do not include these views in order to help people avoid catastrophe or to get tomorrow's racing results today. Certainly we do not guarantee futures that we describe nor do we indemnify people from potential negative events. We attempt forecasts mainly to expose the fact that it is occasionally possible to glimpse things that in normal terms should be impossible to see, because this in itself has inherent significance.

Make your own choices. If you receive an impression from us relating to an otherwise unknowable aspect of past, present, or future, take it into consideration but recognize that this process is limited, has no special authority, is inherently difficult, and is not offered in order to simplify or intrude into your decision making process. It is intended only as a gentle supplement to your combined total view relating to any given issue. We offer our opinions to you, to do with as you yourself see fit.

Don't assume that if we can't see something, or don't mention it in a session, then it isn't there. This is particularly important in matters of either mental or physical health care. We sometimes offer energy-based observations about physical things, including your physical body, or will comment on mental states or processes.

In this process we may draw attention to energy anomalies that may suggest possible health issues or concerns. But we are no substitute for qualified medical professionals and we urge you to seek the help and advice of licensed medical/mental health care practitioners for all your care health needs.

Never skip a health care visit, medical test, or evaluation with a qualified professional because of anything you hear in a Sente client session.

Whatever conclusions you may draw from your session experience, it is always our wish to remain respectful and supportive of each recipient's psychological, religious, or scientific worldview, and to remain free of any intent to advocate or persuade.

Finally, feel free to ask us for more clarification *during* your session if you don't understand our choice of words or feel unclear or uncomfortable about what we are describing.

While we welcome feedback after sessions, and are responsive to reasonable requests for clarification and support from our clients, we make no commitment to provide additional individual guidance or ongoing advice as a form of extended benefit associated with the session experience.

While having a Sente client session is something to take with reasonable seriousness, nearly everyone finds them fascinating, useful, and extraordinary. We at Sente genuinely love to offer client sessions. We feel that it is an honor to be entrusted with your attention.

We wish you a wonderful, amazing time.

** *

Cancellation/Refund Policy

If you cancel your appointment with at least five (5) business days' notice before your appointment, you will be issued a full refund within 30 days of your cancellation date. No-shows and late cancellations incur the full cost of the appointment. If you cannot keep your appointment, you may choose to gift or offer your appointment to another client. If you give an appointment to another client, please notify us of that person's name by emailing or calling us.

** *

Please contact the Sente office for current pricing and scheduling options.